

**Al-Anon / Alateen  
District 13 – Mid Peninsula**

*Burlingame to Palo Alto  
Coastside to the Bay*

*Beginners are welcome at all meetings!*

**Information Line**  
650-592-7935

Check our website for the latest meeting information and other resources:  
[www.alanonmidpeninsula.org](http://www.alanonmidpeninsula.org)

Reuniones de Al-Anon en Española  
Llámenos para más información  
650-592-7935 ext #2

Business Meetings

2nd Monday of each month at 7:00 PM  
CLICK HERE TO JOIN: [HTTPS://ZOOM.US/](https://zoom.us/)  
MEETING ID: 796 988 8488, PASSWORD: 571217  
To join by phone: 1-669-444-9171

Mailing Address

For Group Donations & other payments,  
please make checks payable to:

*District 13 Al-Anon Information Service  
233 Topaz Street, Redwood City, CA 94062*

District Contact

*District Representative Vicky F.*  
[dr@alanonmidpeninsula.org](mailto:dr@alanonmidpeninsula.org)

Meeting List Corrections

To correct or add to the meeting list  
[meetinglist@alanonmidpeninsula.org](mailto:meetinglist@alanonmidpeninsula.org)

**Northern California World Service Area**

[www.ncwsa.org](http://www.ncwsa.org)

**Al-Anon World Service**

[www.al-anon.org](http://www.al-anon.org)



*You don't have to drink to suffer from alcoholism. There is help for you in Al-Anon & Alateen.*

**What is Al-Anon?**

The Al-Anon Family Groups are a fellowship of relatives & friends of alcoholics who share their experience, strength & hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization or institution. It does not engage in any controversy. It neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming & giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic

Alateen, part of the Al-Anon Family Groups, is a fellowship of young people whose lives have been affected by alcoholism in a family member or friend. Alateen is for young people aged 12 through 21 years.

*Welcome!*

Many of our district's groups are meeting virtually via computers, iPads, tablets, and smartphones. Some meetings are held in person, or in person AND online. *Please join us!*

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**ALATEEN MEETINGS:**

**MONDAY – HALF MOON BAY.....7:30 – 8:30 PM**

Join this meeting by contacting John at [jjsnwca@aol.com](mailto:jjsnwca@aol.com), or Kara, 408-314-4764

**THURSDAY – REDWOOD CITY.....7:00 – 8:00 PM**

Join this meeting by contacting Lee, 650.646.8118, or Beth at 650.269.7672

**AL-ANON MEETINGS:**

**Sunday**

No Meeting

**Monday**

**RWC – STUDY GROUP..... 10:00 - 11:00 AM**

[O] JOIN IN PERSON AT SEQUOIA CHRISTIAN CHURCH, 2<sup>ND</sup> FLOOR MUSIC ROOM, 233 TOPAZ ST. RWC OR CLICK HERE: [HTTPS://ZOOM.US/](https://zoom.us/). MEETING ID: 891 7641 1964, PASSWORD: Anonrwc20

**MID-PENINSULA PARENTS AFG.....7:00-8:00 PM**

[O] JOIN IN PERSON AT: MILLS HEALTH CENTER 100 SOUTH SAN MATEO DR. SAN MATEO. ENTER MAIN DOORS THEN TO THE RIGHT OF INSIDE HENDRICKSON AUDITORIUM .

**HALF MOON BAY LADIES' NIGHT OUT.....7:30-8:30 PM**

[O] JOIN IN PERSON AT: 777 MIRAMONTES ST. UNIT 3 IN HALF MOON BAY OR JOIN VIA ZOOM: [HTTPS://ZOOM.US/](https://zoom.us/). MEETING ID: 781 452 957, PASSWORD: 710404  
(WOMEN'S MEETING)



**Tuesday**

CONTINUED...

**HALF MOON BAY – TUESDAY NOON.....NOON-1:00 PM**

[O] JOIN IN PERSON AT COMMUNITY UNITED METHODIST CHURCH, 777 MIRAMONTES ST., HMB, NAPLES MEETING ROOM (BEHIND CHURCH)

**RWC – MID-PENINSULA MEN.....7-8:00 PM**

[C] JOIN BY CLICKING HERE: [HTTP://BIT.LY/RWCMENSUESALANON](http://bit.ly/RWCMENSUESALANON) OR CLICK: [HTTPS://ZOOM.US/](https://zoom.us/). MEETING ID: 993 020 7102, PASSWORD: 977093 (MEN'S MEETING)

**HALF MOON BAY – COASTSIDE AL-ANON.....7:30-8:30 PM**

[C] JOIN IN PERSON AT COMMUNITY UNITED METHODIST CHURCH, 777 MIRAMONTES ST., HMB, NAPLES MTG ROOM, OR JOIN ONLINE: [HTTPS://ZOOM.US/](https://zoom.us/). MEETING ID: 826 9488 6507  
PASSWORD: serenity

**BURLINGAME – SURRENDER TO SERENITY.....7:30-8:30 PM**

[O] JOIN IN PERSON AT FIRST PRESBYTERIAN CHURCH OF BURLINGAME, 1500 EASTON DR., 2<sup>ND</sup> FLOOR MEETING ROOM, LOOK FOR SIGNS.

**SAN MATEO – TUESDAY DISCUSSION.....7:30-8:45 PM**

[O] JOIN IN PERSON AT 101 N. ELLSWORTH AVE, SAN MATEO, WOODWARD BUILDING, 2<sup>ND</sup> FLOOR, OR ONLINE BY CLICKING HERE: <http://www.tuesnightsanmateoalanon.com/>  
Password: S3r3n1ty

**Wednesday**

**PALO ALTO – NOON AL-ANON .....NOON-1:15 PM**

[O] JOIN IN PERSON AT FRIENDS MEETING HOUSE, 957 COLORADO AVE., PALO ALTO, OR JOIN VIA ZOOM: [HTTPS://ZOOM.US/](https://zoom.us/). MEETING ID: 709 525 035, NO PASSWORD.

**BURLINGAME – WED. NOONERS AL-ANON ...12:15-1:15 PM**

[O] JOIN IN PERSON AT ST. PAUL'S EPISCOPAL CHURCH, 415 EL CAMINO REAL, BURLINGAME, INSIDE HIGBY HALL OR JOIN VIA ZOOM: MEETING ID 847 5281 4062, PASSCODE 290434

**MENLO PARK – AL-ANON FOR PARENTS.....7-8:30 PM**

[C,S] JOIN IN PERSON AT TRINITY CHURCH, 330 RAVENSWOOD AVE., MENLO PARK. CONTACT MARGARET Z. [ALANONMARGARET@GMAIL.COM](mailto:ALANONMARGARET@GMAIL.COM)  
MASKS & VACCINATIONS (OR NEGATIVE TEST) REQUIRED.

# DISTRICT 13 AL-ANON MEETINGS

## IN PERSON & ONLINE MEETINGS 2024

Al-Anon meetings in our district are currently being held in-person and/or online. Please check our District Website for the latest information.

**PEACE AND SERENITY FOR PARENTS.....7-8:30 PM**

[C,S] CLICK HERE TO JOIN: [HTTPS://ZOOM.US/](https://zoom.us/) MEETING ID#: 828 6430 2570 PASSCODE: 070142

**PALO ALTO – ONE SMALL STEP FOR WOMANKIND 7-8:15 PM**

[C,S] JOIN IN PERSON AT COVENANT PRESBYTERIAN CHURCH, FIRESIDE ROOM (EXCEPT 1<sup>ST</sup> WED/MONTH IN ROOM 5), 670 EAST MEADOW DR., PALO ALTO, (WOMEN'S MEETING; LESBIANS WELCOME)

**Thursday**

**HALF MOON BAY – THURSDAY NOON.....NOON-1:00 PM**

[O] JOIN IN PERSON AT COMMUNITY UNITED METHODIST CHURCH, 777 MIRAMONTES ST., HMB, NAPLES MTG ROOM OR JOIN VIA ZOOM: [HTTPS://ZOOM.US/](https://zoom.us/). MEETING ID#: 494 356 051, PASSWORD: KISS

**AL-ANON FOR PARENTS..... 6:45-8:00 PM**

[O] CLICK HERE TO JOIN: [HTTPS://ZOOM.US/](https://zoom.us/). CHOOSE 'JOIN A MEETING' WITH MEETING ID: 840 4309 5704, PASSCODE: 964569

**Friday**

**REDWOOD CITY AL-ANON STUDY GROUP....10:00-11:00 AM**

[C] IN PERSON AT 233 TOPAZ AVE., REDWOOD CITY AND ALSO VIA ZOOM. FOR ZOOM INFO, CONTACT LESLIE M., DISTRICT TELESERVICE COORDINATOR. EMAIL [TELESERVICE@ALANONMIDPENINSULA.ORG](mailto:TELESERVICE@ALANONMIDPENINSULA.ORG), OR CALL 650.592.7935.

**STEP STUDY FOR BEGINNERS & BEYOND.....7:15-8:15PM**

[C] CONTACT Jerome C., 650.996.4738, [jcoonen@gmail.com](mailto:jcoonen@gmail.com) FOR ZOOM MEETING INFORMATION.



**Saturday**

**REDWOOD CITY FRIDAY NIGHT AFG 7:30-9:00PM**

[O] JOIN IN PERSON AT SEQUOIA HEALTH CENTER, 525 VETERANS BLVD., REDWOOD CITY OR JOIN VIA ZOOM: [HTTPS://ZOOM.US/](https://zoom.us/). CHOOSE 'JOIN A MEETING' MEETING ID#: 957 913 940, PASSWORD: 336863

**PALO ALTO – A WOMAN'S PLACE.....10:30-11:45 AM**

[C] JOIN IN PERSON AT GRACE LUTHERAN CHURCH, 3149 WAVERLEY, PALO ALTO. (WOMEN'S MEETING; LESBIANS WELCOME)

### Reuniones de Al-Anon en Español

Llámenos para más información:  
650-592-7935, extension #2

Fuerza Y Esperanza Meetings:

**MARTES [TUESDAY] – RWC.....7:00 – 8:30 PM**

Fuerza Y Esperanza Martes [Tuesday]  
Redwood City Public Library, 2600 Middlefield Rd. Salon 3,  
7pm to 8:30pm.

**C** CLOSED MEETINGS ARE FOR ANYONE WHOSE LIFE HAS BEEN AFFECTED BY A PROBLEM DRINKER.

**O** OPEN MEETINGS ARE FOR ANYONE AFFECTED BY A PROBLEM DRINKER AND ANYONE INTERESTED IN LEARNING ABOUT AL-ANON AND THE FAMILY DISEASE OF ALCOHOLISM.

**S** STEP, TRADITION OR LITERATURE DISCUSSION