Al-Anon / Alateen District 13 – Mid Peninsula

Burlingame to Palo Alto Coastside to the Bay

Beginners are welcome at all meetings!

Information Line 650-592-7935

Check our website for the latest meeting information and other resources: www.alanonmidpeninsula.org

Reuniones de Al-Anon en Española Llámenos para más información 650-592-7935 ext #2

Business Meetings 2nd Monday of each month at 7:00 PM CLICK HERE TO JOIN: <u>HTTPS://ZOOM.US/.</u> MEETING ID: 796 988 8488, PASSWORD: 571217 To join by phone: 1-669-444-9171

<u>Mailing Address</u> For Group Donations & other payments, please make checks payable to: District 13 Al-Anon Information Service 233 Topaz Street, Redwood City, CA 94062

> District Contact District Representative Leslie Ma. dr@alanonmidpeninsula.org

<u>Meeting List Corrections</u> To correct or add to the meeting list <u>meetinglist@alanonmidpeninsula.org</u>

Northern California World Service Area www.ncwsa.org Al-Anon World Service www.al-anon.org



You don't have to drink to suffer from alcoholism. There is help for you in Al-Anon & Alateen.

What is Al-Anon?

The Al-Anon Family Groups are a fellowship of relatives & friends of alcoholics who share their experience, strength & hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization or institution. It does not engage in any controversy. It neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming & giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic

Alateen, part of the Al-Anon Family Groups, is a fellowship of young people whose lives have been affected by alcoholism in a family member or friend. Alateen is for young people aged 12 through 21 years.

ATTENTION!

During this time of COVID-19, many of our district's groups are meeting virtually via computers, iPads, tablets, and smartphones. Some meetings are held in person, or in person AND online. *Please join us!*

ALATEEN MEETINGS:

MONDAY – HALF MOON BAY......7:30 – 8:30 PM Join this meeting by contacting John at jjsncwsa@aol.com, or Kara, 408-314-4764

THURSDAY – REDWOOD CITY......7:00 – 8:00 PM Join this meeting by contacting Lee, 650.646.8118, or Beth at 650.269.7672

AL-ANON MEETINGS:

Sunday

RWC – SUNDAY MORNING IN PERSON 10:15-11:30 AM [C] JOIN IN PERSON AT SEQUOIA HEALTHCARE DISTRICT OFFICE, 525 VETERANS BLVD. REDWOOD CITY.

Monday

HALF MOON BAY LADIES' NIGHT OUT......7:30-8:30 PM [O] JOIN IN PERSON AT: 777 MIRAMONTES ST. UNIT 3 IN HALF MOON BAY OR JOIN VIA ZOOM: <u>HTTPS://ZOOM.US/.</u> MEETING ID: 781 452 957, PASSWORD: 710404 (WOMEN'S MEETING)



CONTINUED ...

Tuesday HALF MOON BAY - TUESDAY NOON.....NOON-1:00 PM

[O] JOIN IN PERSON AT COMMUNITY UNITED METHODIST CHURCH, 777 MIRAMONTES ST., HMB, NAPLES MEETING ROOM (BEHIND CHURCH) OR JOIN VIA ZOOM: HTTPS://ZOOM.US/. MEETING ID: 842 4361 0851 PASSWORD: freedom

RWC – MID-PENINSULA MEN......7-8:00 PM [C] JOIN BY CLICKING HERE: HTTP://BIT.LY/RWCMENSTUESALANON OR CLICK: HTTPS://ZOOM.US/. MEETING ID: 993 020 7102, PASSWORD: 977093 (MEN'S MEETING)

[C] JOIN BY EMAILING SANMATEOYAR@GMAIL.COM

HALF MOON BAY - COASTSIDE AL-ANON.....7:30-8:30 PM

[C] JOIN IN PERSON AT COMMUNITY UNITED METHODIST CHURCH. 777 MIRAMONTES ST., HMB, NAPLES MTG ROOM, OR JOIN ONLINE: HTTPS://ZOOM.US/. MEETING ID: 826 9488 6507 PASSWORD: serenity

BURLINGAME - SURRENDER TO SERENITY......7:30-8:30 PM [O] JOIN IN PERSON AT FIRST PRESBYTERIAN CHURCH OF BURLINGAME. 1500 EASTON DR., 2ND FLOOR MEETING ROOM, LOOK FOR SIGNS.

SAN MATEO - TUESDAY DISCUSSION......7:30-8:45 PM

[O] JOIN IN PERSON AT 101 N. ELLSWORTH AVE, SAN MATEO, WOODWARD BUILDING, 2ND FLOOR, OR ONLINE BY CLICKING HERE: http://www.tuesnightsanmateoalanon.com/

Password: S3r3n1tv

Wednesdav

PALO ALTO - NOON AL-ANONNOON-1:15 PM

[0] JOIN IN PERSON AT FRIENDS MEETING HOUSE, 957 COLORADO AVE., PALO ALTO, OR JOIN VIA ZOOM: HTTPS://ZOOM.US/. MEETING ID: 709 525 035, NO PASSWORD.

BURLINGAME – WED. NOONERS AL-ANON ... 12:15-1:15 PM

[O] JOIN IN PERSON AT ST. PAUL'S EPISCOPAL CHURCH, 415 EL CAMINO REAL, BURLINGAME, INSIDE HIGBY HALL OR JOIN VIA ZOOM: MEETING ID 847 5281 4062, PASSCODE 290434

MENLO PARK – AL-ANON FOR PARENTS......7-8:30 PM

[C,S] JOIN IN PERSON AT TRINITY CHURCH, 330 RAVENSWOOD AVE., MENLO PARK. CONTACT MARGARET Z. ALANONMARGARET@GMAIL.COM MASKS & VACCINATIONS (OR NEGATIVE TEST) REQUIRED.

DISTRICT 13 AL-ANON MEETINGS

IN PERSON & ONLINE MEETINGS 2023/2024

Al-Anon meetings in our district are currently being held in-person and/or online. Please check our District Website for the latest information.

PEACE AND SERENITY FOR PARENTS......7-8:30 PM

[C.S] CLICK HERE TO JOIN: HTTPS://ZOOM.US/J/715786371 PASSCODE: MPPG, MEETING ID#: 715 786 371

PALO ALTO - ONE SMALL STEP FOR WOMANKIND 7-8:15 PM [C,S] JOIN IN PERSON AT COVENANT PRESBYTERIAN CHURCH, FIRESIDE ROOM (EXCEPT 1ST WED/MONTH IN ROOM 5), 670 EAST MEADOW DR., PALO ALTO, (WOMEN'S MEETING; LESBIANS WELCOME)

Thursday

RWC THURSDAY STEP STUDY......10:15-11:15AM [C] CLICK HERE TO JOIN: https://us02web.zoom.us/i/87174372263 MEETING ID: 871 7437 2263 PASSCODE: Step1015 FOR MORE INFO, EMAIL: RWSTHURSDAY1015@GMAIL.COM, OR GARY, 650.430.2214

HALF MOON BAY - THURSDAY NOON.....NOON-1:00 PM [O] JOIN IN PERSON AT COMMUNITY UNITED METHODIST CHURCH, 777 MIRAMONTES ST., HMB, NAPLES MTG ROOM OR JOIN VIA ZOOM: HTTPS://ZOOM.US/. MEETING ID#: 494 356 051, PASSWORD: KISS

[C] CLICK HERE TO JOIN: HTTPS://ZOOM.US/. CHOOSE 'JOIN A MEETING' WITH MEETING ID#: 837 3395 9574 PASSWORD: 706827

SAN MATEO - AL-ANON FOR PARENTS......6:45-8:00 PM [O] CLICK HERE TO JOIN: HTTPS://ZOOM.US/. CHOOSE 'JOIN A

MEETING' WITH MEETING ID: 840 4309 5704, PASSCODE: 964569

Friday

REDWOOD CITY AL-ANON STUDY GROUP....10:00-11:00 AM

[C] IN PERSON AT 233 TOPAZ AVE., REDWOOD CITY AND ALSO VIA ZOOM. FOR ZOOM INFO, CONTACT LESLIE M., DISTRICT TELESERVICE COORDINATOR. EMAIL TELESERVICE@ALANONMIDPENINSULA.ORG, OR CALL 650.592.7935.

STEP STUDY FOR BEGINNERS & BEYOND......7:15-8:15PM

[C] CONTACT Jerome C., 650.996.4738, jcoonen@gmail.com FOR ZOOM MEETING INFORMATION.



REDWOOD CITY FRIDAY NIGHT AFG 7:30-9:00PM

[O] JOIN IN PERSON AT SEQUOIA HEALTH CENTER, 525 VETERANS BLVD., REDWOOD CITY OR JOIN VIA ZOOM: HTTPS://ZOOM.US/. CHOOSE 'JOIN A MEETING' MEETING ID#: 957 913 940, PASSWORD: 336863



[C] JOIN IN PERSON AT GRACE LUTHERAN CHURCH, 3149 WAVERLEY, PALO ALTO. (WOMEN'S MEETING; LESBIANS WELCOME)

PORTOLA VALLEY LADERA......4:30-5:30 PM

[C] JOIN THIS VIRTUAL MEETING BY CLICKING THIS LINK -HTTPS://ZOOM.US/JOIN AND TYPE IN: ZOOM ID: 793 173 976, PASSWORD: 506999

Reuniones de Al-Anon en Español

Llámenos para más información: 650-592-7935, extension #2

Fuerza Y Esperanza Meetings:

MARTES [TUESDAY]	– RWC	7:00 – 8:30 PM
JUEVES [THURSDAY]] – RWC	7:00 – 8:30 PM

JOIN THESE ZOOM MEETINGS BY CLICKING HERE: https://us02web.zoom.us/j/4330149821 MEETING ID: 433 014 9821 ONE TAP MOBILE: +16699006833, 4330149821# US (SJ) DIAL BY YOUR LOCATION: +1 669 900 6833 US (SAN JOSE) FIND YOUR LOCAL PHONE NUMBER BY CLICKING THIS LINK: https://us02web.zoom.us/u/kdQrVzHHFh

C CLOSED MEETINGS ARE FOR ANYONE WHOSE LIFE HAS BEEN AFFECTED BY A PROBLEM DRINKER.

O OPEN MEETINGS ARE FOR ANYONE AFFECTED BY A PROBLEM DRINKER AND ANYONE INTERESTED IN LEARNING ABOUT AL-ANON AND THE FAMILY DISEASE OF ALCOHOLISM.

S STEP, TRADITION OR LITERATURE DISCUSSION