

Minutes for District 13's 2018 Monthly Business Meetings

January 2018

February 2018

March 2018

April 2018

May 2018

June 2018

July 2018

August 2018

September 2018

October 2018 – There are no minutes for this meeting.

November 2018

December 2018

January 8, 2018 District 13 Business Meeting Minutes

[Return to Page One](#)

1. Opened the meeting with Serenity Prayer and Concept of the Month - One
2. Introductions and Welcome of newcomers to the meeting including new Board Members: Eloise M Chairperson, Tom N Treasurer, Linda Ferr Public Outreach, Lee B District Rep, Diana P GR, Vickey F GR, Judi H, Deb B GR, Kyle V GR, Allison D GR, Diana P GR, Marie L GR, Leslie Ma Alt. DR & GR, Sarah E, Susannah Alt GR, Greg B GR, Martha C GR
3. Read minutes from last meeting. Leslie moved & Deb seconded approval of Dec, 2017 minutes.
4. Monthly Business
 - a. Volunteer positions: Chairperson Eloise M. asked for volunteer to take over as District Secretary for this term. No one volunteered. Remaining open service positions are:

ACTION ITEM:

Secretary	Alateen Coord.
Meeting List Coord	Alateen Process Person
Archives Coord	Diversity Coord
Institutions Coord	Newsletter Editor

Linda Ferr volunteered to take minutes for this meeting. Leslie Ma volunteered to take minutes for the February meeting.

b. District Rep Report: Lee B.

1. Reported that an AI-Anon member somewhere had listed AI-Anon as a place to make a donation for someone's birthday gift on Facebook, so Facebook took it upon themselves to create an AI-Anon page (although blank). Then someone actually donated money to that page. Since AI-Anon by-laws allow donations only from members, we need to remind all AI-Anon groups of this rule. The DR will get FB to shut down the FB AI-Anon page and return the money to the senders.

2. DR asked if group would prefer to have her print out fliers for upcoming events or if group would prefer to print them from website ourselves? Group preference was for her to print them out and bring to District meeting.

3. DR brought 10 A16 NCWSA AI-Anon Family Group Registration/Group Records Change Forms to hand out to new GR's or those who have never submitted one before. This form must be submitted to the NCWSA Group Records Coordinator and CC'd with copies to the D13 DR, meeting list Coord, and Webmaster WHENEVER any changes are made to the name, address (even room no.), time or date change, contact name & phone number (required), etc. of any meeting **ACTION ITEM**

4. The DR would like to see a Day in AI-Anon brought back to District 13 this year.

5 EVENTS:

Save the Date: 2018 NCWSA convention March 23-25 at the Doubletree Hotel in Modesto. AA and Spanish participation; bring friends and family

First Things First speaker meeting – First Sunday of the Quarterly Month at 8 pm – 8:30 pm food and fellowship, bring a dish to share; Bethany United Methodist Church, 1270 Sanchez St, San Francisco

c. Treasurer Tom N.

1. Expressed appreciation to outgoing Treasurer Kathy for working with him to transfer knowledge. Tom proposes cancelling the District 13 P.O. Box in Mtn. View which was close to Kathy's home but not convenient to Tom. Renewal is due Jan/2018. He proposed receiving mail at the church and has spoken to them about it. Some members expressed concern about needing to keep the AI Anon mail separate from Church business as donations received in the mail could easily become mis-routed and we would never know it. **OPEN ITEM**

2. Question raised: Should District 13 provide WSO service manuals for GR's and Coordinators? After group discussion of pros and cons, a motion was made and seconded, followed by a vote passed by a substantial majority, that the District should proceed with purchasing 30 of the hard copy 2018 Service Manuals and give them to all GRs and Coordinators at no charge. The newly revised manuals will be available in April. Manuals at a cost \$5 ea, for a total cost of \$150, and-will be provided to each GR and Coordinator. **ACTION ITEM**

3. Tom N. advises the District still pays \$60/mo. for storage of surplus items and literature remaining after the closure of the literature office. The stored inventory consists of:
1 big cooler containing tapes, CD's, etc. and a few books that have been stored for 1+ years now.

Tom is tabling a future discussion about possibly moving this material to the church.

OPEN ITEM

4. The District 13 bank account is being transitioned so that he & Chairperson Eloise M. can sign checks on the account.

5. Every officer should finalize the review of their 2018 budget and submit it to him by the next meeting. **ACTION ITEM**

6. Tom N. has developed an expense reimbursement form that will be required going forward. Eloise recommended putting the form on Google Groups forms. Marie commented that the form would be useful for GR's to take to meetings for convention expense reimbursements.

ACTION ITEM

5 Coordinator Reports

a. Alateen Coord. Sarah E.

1. Resigned her position as she is moving out of the area.
2. Lee B. reported in her stead: _- NEED NEW ALATEEN COORDINATOR
 - a. Currently have 3 meetings: Half Moon Bay, RWC & Menlo Park. Have a request for another meeting in a hospital-like setting in San Mateo on 1st & 3rd Thurs at 7 pm
 - b. Looking for more Alateen Sponsors (AMIAS) to fill positions and allow rotation of current AMIAS to reduce burn-out.
 - c. Informational Workshop 2/10 in SF from 2-4 to explain Alateen at 211 Eucalyptus Ave, SF if you want to see if this is right for you.
 - d. Growing Together Weekend fundraiser is March 3 from 4-9 in Pleasant Hill
 - e. Lee B. has volunteered to be guest speaker at your meetings (and even bring an Alateen with her)! Just ask!!!!

b. Meeting List Coord position vacant at this time - Linda B. stepped down as meeting list Coord. Diana P will find out requirement of job before volunteering to take over **ACTION ITEM**

c. Public Outreach Coordinator Eloise M reported her outgoing report

1. Attended College of San Mateo Health Fair Oct 25th. Spoke with 79 people; Distributed 108 pieces of literature
2. Distributed AFA's (224 Engl & 48 Span) to various health care, medical facilities, educational institutions, Al-Anon and Alateen events and members to distribute between Oct 8 and Jan 8, 2018.

6. Unfinished & New Business

- a. District 13 Service Roster Clean Up – Linda B. stepped down as meeting list Coord. Diana P will find out requirement of job before volunteering to take over position
- b. Allison visited 2 meetings: the Sun. San Carlos and Wed San Carlos meetings.

The Sun. San Carlos meeting she visited was cancelled for a few weeks over the Xmas holidays and was then planning to move to Belmont. They might change to meet every other week. She will visit them again to confirm. **ACTION ITEM**

The Wed San Carlos Community Church meeting on Elm St. only had 3 people including 1 new member. They provided 1 contact. They want to change their meeting time.

c. 1. Kyle reported that Thurs RWC 8 pm "San Carlos Reach for Recovery" meeting is active and got a contact Rose T. and provided a phone number. Lee will contact Rose to see if they should change their name from "San Carlos..." to "RWC..." **ACTION ITEM**

2. GR Kyle asked what the process is for following up on voice mails to the District. Someone stated that when Leslie Mu gets a VM, she should send it to the DR & Chairperson vs the group at large. Tom N. stated that one caller looking for a meeting didn't get a response for 1.5 wks. Tom N would like to see a committed response time and have a process with assigned responsibilities. **ACTION ITEM**

5. Closed the meeting with the Al-Anon Declaration

Pending Open/Action Items:

1. (4) Fill open positions in District 13
Action: Group Status: Pending
2. (4.b.3) A16 form must be submitted to the NCWSA Group Records Coordinator and CC'd with copies to the D13 District Rep, meeting list Coord, and Webmaster WHENEVER any changes are made to the name, address (even room no.), time or date change, contact name & phone number (required), etc. of any meeting
Action: TBD Status: Pending
3. (4.c.1) Determine where District 13 mail should be delivered, Church or relocate mail box closer to Tom N.
Action: Group Discussion Status: Pending
4. (4.c.2) Order & distribute 30 hard-copies of the 2018 WSO service manuals for District 13 GR's and Coordinators at District expense when available
Action: Tom N. Status: Pending
5. (4.c.3) Determine disposition of materials/surplus literature in storage in effort to eliminate \$16/mo storage charge for non-moving material
Action: Group Discussion Status: Pending
6. (4.c.5) 2018 Officer's budgets due to Tom N by Feb, 2018 meeting.
Action: Tom N. Status: Pending
7. (4.c.6) Where is Tom N's expense form located for group access?
Action: Leslie/Eloise/Tom L Status: Pending
8. (5.b) Diana P. will find out requirement of Meeting List Coordinator from Linda B. before volunteering to take over position.
Action: Diana P Status: Pending
9. (6.b) Allison will revisit the San Carlos meetings she visited to confirm their meeting times and locations after they settle in after the holidays
Action: Allison Status: Pending
10. (6.c.1) Lee will contact Rose to see if "San Carlos Reach for Recovery" meeting should change their name from "San Carlos..." to "RWC..."
Action: Lee Status: Pending
11. (6.c.2) Establish written process for following up on District voice mails including commitments for response times, responsible persons, back ups, etc.
Action: Group Discussion Status: Pending

NEXT MEETING FEBRUARY 12 IS A GR REPORTING MEETING – Leslie Ma will act as Secretary.

Submitted by Linda Fer.

February 12, 2018 D13 Business Meeting Minutes

[Return to Page One](#)

1. Opened with the Serenity Prayer & Concept of the Month=2nd
2. Welcome & Introductions; Eloise M, Chair; DR, Lee B; Alt. DR, Leslie M; Public Info Coordinator, Linda F; Judi H, guest; Tom N, Treasurer, and GRs: Greg B, Vicky F, Kyle V, Deb B, Daniela T, Marie L, Diana P, Sunaina R, Emily C, Emily S, Elizabeth G, Allison D,
3. January Minutes approved as amended =(\$60 per month for storage rent, not \$16 4c3)
4. a) Volunteer Positions: Secretary 3/12 - Open
Growth Through Service Speaker 3/12 -Linda
Meeting List Coordinator- trying this position-Diana P **Voted In**
Alateen Process Person-Emily C **Voted in**
 - b) DR Report - handouts circulated , several event flyers attached within 50 mile radius.
Group records- change of group or GR complete A16, submit to DR, Lee annually & asap.
Encouraged GRs to invite their group to take the Al-Anon Membership national survey online
Motion for D13 to fund \$50-\$75 for a basket for the Convention *passed* -Elizabeth to create.
Growing Together Weekend-fundraiser for Alateens coming up March 3rd –all invited to support
 - c) Treasurer's Report- Asked for & given permission to use the church space for mail & storage (savings of \$500+ annually) rent will increase to \$300 annually and storage will be included.
Motion to move our PObox from Mountain View to 233 Topaz Ave, Redwood City, CA *passed*
Motion to store our D13 Archives and event information, for \$25/6 months same address *passed*
2018 Budget Proposal presented **Motion** to table discussion until March meeting *passed*
5. for GRs: “What makes a good meeting?” popcorn discussion, many ideas shared of healthy meetings
“Why aren't service positions filled?” -> maybe not healthy right time for individual , need time in program to lead up to volunteering, not realize growth of service, long term service members continue stepping in, maybe hadn't been invited to serve, sponsors can invite sponsees, "Who wants to participate in their recovery?" and emphasize the return of service, time restraints is a real impediment for some, co-share positions,
6. Closed the meeting with the Al-Anon Declaration. Next Meeting: March 12, 2018 7:00

Submitted by Leslie Ma.

3/12/2018 District 13 Business Meeting Minutes

[Return to Page One](#)

Present: Varsha, Lee, Leslie, Vicky, Judi, Kyle, Tom, Greg, Elizabeth, Eloise, Linda, Daniela, Kathy, Allison, Marie, Emily

Discussion of previous month's minutes

- Corrections to minutes
- Tom: rent increase is every 6 months. Total is \$300 per year for new space: mailbox, storage, & meeting room.
- Tom moved & Greg seconded to approve minutes. Motion carried.

District Rep's Report -- Lee

Lee gave some constructive suggestions for meeting with DR's

- When making a suggestion, presume good will
- Don't repeat anything already said
- No gossip
- Upcoming events
 - *Al-Anon Faces Alcoholism 2018* public outreach magazine
 - Missed deadline to order
 - Group buy copies (less than \$1 per copy)
 - Distribute anywhere. Ask before display. Library, doctor's office
 - New meeting in Fremont (District 17)
 - Mondays 9-10:30 am
 - March 31 potluck meeting at
 - SF quarterly speakers meetings
 - First Sunday of the month
 - 7-8:00 pm
 - YAR Planning Committee (Young People's Al-Anon Recovery) for ages 21-49
 - Growing Together Weekend Fundraiser April 14 in Castro Valley – donations go to Alateen scholarships
 - District 16: Day in Al-Anon April 28 in Pleasanton (District 13 hasn't had one in 3 years)
 - Men's Al-Anon Weekend in Sausalito April 28-29
 - Convention in Modesto
 - Still need speakers & workshop speakers -- sign up online by March 17
 - Thanks to Elizabeth who put together ER backpack and Kathy brought basket from her group
- Alateen RWC meeting needs more sponsors
 - Thursday RWC meeting had 20 kids
 - Need 2 ppl to do closed meeting at a facility every other Thursday
- 2 assemblies
 - Fall all weekend and one day in May 19, 10-4pm
 - Pullman SF Bay at Twin Dolphin Drive (formerly Sofitel Hotel)
 - All group reps encouraged to come

- We are the host district
- Lee is chairing and needs a co-chair, event treasurer, pre-reg person ASAP, regis person for walk-ins (who can recruit 4 ppl), voting regus, greeters.
 - Leslie volunteered to co-chair
 - Elizabeth volunteered to do pre-reg
 - Vicky will take care of greeters
 - Daniela vol'd to be treasurer
 - All encouraged to recruit more vols at our meetings
- Next District 13 meeting on April 9 will start at 6:30 for new group reps to walk through the group rep handbook
 - Food provided
 - Anyone welcome to come
- Pink Can issue
 - GR's will be voting on this at assembly
 - GR's should read handout and discuss with your group
 - Clarification re: 4th paragraph on last page of handout
 - 7 types of facilities
 - Juvenile halls
 - County jails
 - Women's centers voluntary confinement
 - State prisons
 - Hospitals
 - Treatment centers
 - Shelters
 - Pink can surplus is \$15K (value of inventory of books is TBD)

Budget report - Tom

- Personal share
- Review of budget proposal
- Revision to add expense for website
- Alateen – Lee noted that when the budget is stipulated for Alateen, the amount gets too large. Amount allocated to Alateen in budget is sufficient. Budget line for Alateen is referred to as “trust fund”, but it's not actually a trust fund; that's just what it's called.
- Holiday Party was discussed – should we have it, the income that is raised, and the cost
 - Leslie commented that the income seems high (\$1000 assumes 100 ppl attend) and perhaps overly ambitious
 - It was noted that profit is \$600, not \$1000
- Tom noted that individuals can donate to district by not asking for expenses they incur to be reimbursed
- Tom said the storage is almost cleared out. All that's left is 7' metal and wooden bookcase. If no one want them, he'll get rid by end of month so don't have to pay storage fee of \$60.

Submitted by Allison D.

April 9, 2018 District 13 Business Meeting Minutes

[Return to Page One](#)

Present: Varsha, Kelly, Vicky, Tom, Greg, Linda F., Eloise M., Lee, Allison G., Marie, Daniella, Elizabeth, Kyle, Molly, Sunaina, Marie L., Kathy, Judy, Lin, Emily S.

Eloise – Chair

Tom – Treasurer

Varsha – Quarterly Speaker Meeting Coordinator

Linda F – Public Outreach Coordinator

Discussion of previous month's minutes

Corrections:

- Linda F. not Linda L
- Varsha misspelled
- Linda made motion, Kyle 2nd, motion carried – minutes approved as amended

DR report – Lee

- Convention report – highlights from Elizabeth & Lee
- World Service Conference in Virginia Beach, VA coming up. Each district sends a gift for their delegate to put out on the “love table” for ~70 participants. Lee asked for a volunteer to purchase a gift with district funds for our delegate, Rosanna. Would need to be mailed by 4/13. There is \$ in the budget (contingency fund) of \$300 per year (\$75 per quarter). \$88.59 already spent on previous gift basket per Elizabeth. Kyle moved to spent up to \$70 on gift for delegate or to share with other delegate; Marie 2nd; motion carried. Lin volunteered to purchase the gift. Contact her if interested in helping.
- Flyers - Lee announced she is not going to go over the flyers and asked everyone to review them on their own.
- Assembly
 - Coordinators are in place. Lee asked coordinators to meet to work out the details of their responsibilities.
 - Proposed agenda for assembly was discussed. Workshops will be at 11:25am & 2:50pm.
 - Registration will be online and regis info is coming soon. Regis fee is \$40.
- District 13 ‘holler” was shared and practiced!
- A Day in Alanon Saturday 4/28 in Pleasanton
Lee asked for volunteers to go with her to check it out so we can re-introduce it in our district, perhaps this fall. (Lee would chair committee.) Lin and Marie volunteered to go.

Budget report – Tom

- Budget proposed last month ; some items in budget and forecast have been revised based on a subcommittee (Linda, Kyle, Eloise, Tom) who met in San Carlos.
 - Day in Alanon and holiday party -- income projections removed as no one is heading these up
 - Newsletter, Institutions, Diversity, Archives – deferred as no one is leading these

- Alateen continues to be big part of our budget – almost same amount budgeted as last year
- Public Info is 2nd biggest expense
- \$ for quarterly speaker is to treat them to dinner
- Goal is balanced budget
- Discussion
 - Lee: alt DR spent \$520, but budgeted only \$300. This is probably OK because it's local
 - Eloise: per Diana, cost to print 300 meeting schedules is \$55. All but 10 got taken. \$250 budget is low as we 350 print every other month, and this is the amount Diana would like to do.
 - Linda F: she took 75 for public outreach and used them all. She'll reprint out of her public outreach budget and give to the 2 other meetings. For public outreach, she prints 6 times per year.
 - District provides meeting schedules to the groups. It's important that GRs brings them back to the meetings especially for newcomers.
 - Tom: service manual says to print on a quarterly basis for \$250. We needed to do more frequently last year because of all the schedule changes.
 - Eloise: printing schedule depends on who's doing it. It was quarterly, but should be as needed.
 - Lee proposed to increase to printing budget to \$390
 - Greg: It used to be on a seasonal schedule (fall, winter, spring, summer). People can find the schedule online. Reprinting 6 times/year is excessive.
 - Linda F.: add a statement at the bottom of meeting schedule to check the website for the most up-to-date schedule and provide with the website address. Lee will info send to Diane to put on schedule.
 - Daniela: put schedule in new member pamphlet
 - Tom proposes to keep budget as it and re-consider if needed. Only spent \$55 so far in first quarter.
- Linda F. motioned to pass budget; Sunaina seconded; passed unanimously.

Group Rep concerns/questions

Elizabeth – her meeting gives *How Alanon Works* @ \$6 per book to newcomers so they don't have \$ to contribute to district, World Service, or to send anyone to Assembly. How do other groups handle this? How does this with align with Traditions?

- Every group is autonomous so can allocate their \$ however they wish.
- Some suggestions were made: Pass the basket. Appeal to group conscience.
- Ask 3 or 4 people to do research (Thought Force?) and discuss how other groups have handled this.
- You can give newcomers "Newcomer Packet" @ \$1.45 each.

Coordinator reports

- Alateen – Lee
 - 11 teens going and 6 Alateen sponsors to Growing Together Weekekend . half scholarships

- AMIAS – need more of them (AMIAS = Alanon Member Involved in Alateen Service)
- Alateen mtgs are closed to adults but HMB teens hold an annual open one for school counselors and clinicians – fundraiser
- closed facility every other Thurs – needs a rep
- Public Outreach – Linda Fer.
 - Info tables at Health fairs
 - Sequoia HS - talked to 65 kids and handed out 200 literature. Thanks to Lucas and Kyle for volunteering.
 - CSM fair – 35 kids. Rainy. Poorly attended. 171 pieces of lit handed out. Kids burst into tears - so grateful to get the msg. Thanks to Diana P, Vicky F, Marie L, and Mary D. for volunteering
 - Handouts to take to group to drop off – doctor office, libraries
 - Ordered 400 2018 Engl AFA's & 100 Span. AFA's
 - Distributed 175 AFA (*Al-Anon Faces Alcoholism*) brochures (150 engl & 25 Span) during District 13 meeting for officers & GR's to hand out at meetings for redistribution into the community.
 - Passed out 60 (40 Engl & 20 Span) AFA's to Al-Anon members in Feb. at Sunday New Point of View meeting to re-distribute.
- Quarterly speaker meeting coordinator – Varsha
 - Meeting went well 3/30 – 20+ ppl; donations over \$20
 - Next meeting June 29 – speaker TBD
 - Service chips are given out at these mtgs
 - No suggested donation at quarterly mtgs – just pass the basket & newcomers don't pay
 - Teleservice Coordinator – Eloise for Leslie Mu
 - Bilingual service available
 - 16 calls from Jan 1 – April 6; 4 in Spanish
 - Several distressed re: meetings where no one showed up
 - Can read schedule on mobile or desktop
- Meeting List Coordinator + Webmaster – Eloise M reported for Diana P + for Tom L
 - Lee: WSO doesn't take meetings off their website until they get A16 forms from us
 - Tom L still webmaster but moved out of area
 - Discussion: Should D13 continue to list Pacifica meetings as Pacifica not in D13?
 - It had been done as a courtesy and service to people on the coast, but they don't notify us when they make schedule changes.
 - Kyle: We could reference districts in all contiguous cities (Los Altos, Mt. View, Pacifica) and provide URL referral to those districts, without our having to be responsible for tracking individual meetings
 - Linda F so motioned. Elizabeth seconded; passed unanimously.
- DAPP (District Alateen Process Person) – by Lee

Next meeting May 14. Group Rep concerns

Submitted by Allison D

May 14, 2018 D13 Business Meeting Minutes

[Return to Page One](#)

Members present; Eloise M, Leslie M, Kyle V, Tom N, Allison D, Varsha, Vicky F, Sandra F, Diana P, Emily S, Marie L, Lee B, John S, Elizabeth.

1. Eloise our chairperson opened with the Serenity prayer. Marie read Concept 5.
2. Reviewed April minutes; Kyle motioned to approve, Lee seconded. Minutes approved.
3. John S. was voted in for Alateen Coordinator, has worked in WSO as a delegate, treasurer and alateen sponsor for half moon bay. Voted in unanimously!
4. DR Report: Lee brought service manuals. Only GRs should take.
 - She asked if GRs are receiving the *12 Stepper* newsletter from NCwSA.
 - Day in Al anon in Pleasanton. Lin spoke about full day 9a to 5p, well organized, divided up and attended several workshops. She attended adult parents , the forum we practiced writing our stories. Alateen speaker was spanish speaker, she was 11 years old, and felt so comforted speaking in spanish. A nurse from AA: we are all here because we are not all there. Obsession. Marie, spoke in pleasanton, she attended ACA. physical ailments and al anon helps them heal, about 20 people, spiritual healing, sponsorship, 90 and 90. Potluck. Met lots of people and connected, raffles. Lee asked: do we want to do this? Day in Al Anon a big job but it's wonderful and rewarding.
 - Growing Together Weekend is camping outside Occidental, over 100 majority of teens. John spoke. 2 workshops speakers friday night, speaker and talent show. They require that the adults do what the teens do. The Alateen speaker was from oregon. The AA speaker spoke about losing custody of her son until he was 18. Big impact for the kids to hear her share. Great weekend. More than met their expectations. Teens go where others teens know they are not alone. Forming bonds so important for the teens. Person that ran it started at 12 she is now 18. Van held 12.
 - Lee asked how many GRs are attending the May 19 assembly: total 10. We practiced holler: "We got the beach we got the bay we ve got recovery for today, were keeping it real, were keeping it clean we're turning it over, we're District 13." Ask for volunteers at your meetings. We need door monitors. Ask your sponsees to be in service. Email Lee with your volunteers. John S. said this is a new panel, new delegate, so we need to be there. She has been to her first WSO.
5. Treasure report; Tom 626.50 we budgeted for the Al teen scholarship . Tom was so stoked to get the budget approved. Would like to set quarterly basis budget.
 - Alateen trust expenses. Right on target with our quarterly budget. 2500. Dedication to WSO contribution. Net 0. Gave secretary the income and Expenses sheet. Details maybe put on a google groups? Discussion. For new business. Tom L. web said we could put on the web page. We received donations 800, one peculiar donation \$130 network for good.
6. . Chair Eloise passed out District 13 Service Roster. Check to see if contact info correct.
7. Varsha, Quarterly Speaker Meeting coordinator, mentioned June 29th Speaker Linda L. with 23 years recovery, 715p at Grace Lutheran in Palo Alto .

8. Diana P., Meeting List coordinator: printed lists will be distributed quarterly. She will bring some in June.

9. GR's Reports/Issues.

- Diana P: They had a speaker, from Sun City. 100 people attended, qualifier spouses as well.
- Marie: her group is very small only 4, can barely make the rent.
- Daniela: group taking an inventory. trying to get people more involved in service.
- Elizabeth (HMB Tuesdays noon): want to increase our donations a thought force, service manual tradition 7, reading trying to increase How AI Anon works? 3 weeks of voting, it failed the first time, but it was a good experience part of the process.
- Daniela asked, Is it up to GR to run the business meeting?--> No. John said GRs' job is to deliver information and ask questions, in both directions.
- Sandra: if someone is intoxicated at a meeting, what should we do? They are passing out on meds, snoring. Allison said they are seniors, snore. An annoyance, mostly. Leslie said you discuss 3 times and then vote, either way.

Next meeting will be June 11th. We closed the meeting with the AI Anon declaration: Let it begin with me, when anyone, anywhere, reaches out for help, let the hand of AI-Anon and Alateen always be there, and - Let It Begin with Me.

Submitted by Vicky F.

June 11, 2018 D13 Business Meeting Minutes

[Return to page one](#)

Present: Greg B., Vicky F., Marie L., Elizabeth G., Susan K., Varsha S., Allison D., Lin F., Lee, Linda F., Kyle, Deb, Leslie M., Eloise, Diana P., Tom, Daniela T., Sunaina R.

Minutes from May meeting reviewed and approved unanimously with these corrections:
(*Members present we added Susan K. and corrected Lin F. Item 8 Treasurer report total 'contributions' not expenses.*)

Reports from May Assembly

Members were reported various positive experiences from the Assembly. Lee thanked everyone for their help.

DR report - Lee

Assembly, which D13 hosted:

- 300 people reg'd in 1 hour!
- Positive comments in evaluations
- Lesson learned -- set up ½ hour in advance, as attendees get there early & want to register

District 13 gave \$4,538 to WSO (from 19 groups)

2-day assembly 10/26-28 -- location TBD

- Ask groups to fund GR's regis fee, hotel, food & gas
- Mileage can be donated at 27 cents/mile instead of reimbursed
- Votes will occur in Assembly & Lee will orient us ahead of time re: what we're voting on
- Hotel rooms sells out early
- Marie -- will district help fund GR's costs if groups can't?
 - Suggestion: pass the basket at meetings.
 - Save \$ by sharing a room, bringing food, sharing rides

New service manual

- GR's take if haven't rec'd it yet and sign your name on sheet
- GR can keep at home or GR can give to meeting to keep

12 Steppers newsletter should be coming directly to GRs, if it's your mailing address on A16 form

Question -- why called Al-Anon and why spelled that way?

- May 1951 polled 87 family groups & majority approved the name of AA Family Group
- AA objected to the name
- So came up with contraction of Alcoholics Anonymous and added a hyphen because AA Clubhouses were called Alano

AFA Forum for 2019 - AFG Forum written

- Order online by 7/11/18 for 2019
- Another opportunity to order in Feb

Literature

- New pamphlet: *Understanding for Parents & Grandparents* @75 cents per copy
- New book: *Intimacy in Alcoholic Relationships*
- Need new sharings on specific concepts

- *How Alanon Works* (blue book) discontinued in hard copy -- still available in soft cover @ \$6
- *Forum* now all in color

Snacks -- we have \$ for snacks -- discuss at future meeting if we want snacks

Flyers -- pick up purple flyer of upcoming events

- A Day in Al-Anon
 - Lee is going to check out those held in other districts, as we hope to hold one
 - Join her (her car holds 4) or come and bring a friend.

Reminder: presume good will in meetings.

- Lee shared a statement about this & suggested we put on google group
- Even if we disagree, remember that we're all trying to help.
- Use knowledge-based decision making, not Robert's Rule of Orders

Treasurer Report Q1 – Tom N

- Draft quarterly report for Q1 passed out & reviewed
 - Modelled on template at WSO
 - A-J indicates different categories
 - \$2,622 donations/revenue
 - \$1,729 expenses
 - Funds balance prior qtr \$3,960
 - Funds balance to next qtr \$4,853
- Eloise asked if "Copies" could be more specific
- "Supplies" and "Literature/Supplies" is listed twice -- clarify what these are
- Reimb to Treasurer was for mileage back and forth to Mt. View to P.O. and to storage unit during transition of resps from previous treasurer and to close storage unit, postage mailing out reimbs, and for copies of budget handouts. Note that Treasurer donated \$58 of payments he made that he did not request reimb for.
- "Panel" under 2nd qtr budgeted expenses is district rep, chair, alternate DR, treasurer
- "Spenddown" budget if funds balance gets too big -- this was done 4 years ago
- 1H-2018 designated contributions means 1st half of qtr, not quarterly amount
- Tom asked us to consider if we should capture refreshments as in-kind donations?
- Tom asked for feedback on template and if there are other templates members have seen that work
- Kyle would like to see variance to budget listed.
- Eloise asked what's involved in doing a monthly reconciliation. Tom said it would be a similar format but on a monthly basis instead of quarterly
- Elizabeth would like to see work being done and where contribs go
- Susan K would like to see the bottom line. Tom explained that that is the projected fund balance.
- Lee would like to see which groups made contribs and how much quarterly
- Lee brought up \$500 reimbursement due to her for Alateen scholarship
 - She tried unsuccessfully to resolve it offline and via email so needed to bring it up here
 - Tom said he had to leave to pick up his daughter at an Alateen meeting in Half Moon Bay, but acknowledged the situation and mentioned bringing John, the Alateen coordinator) in to help resolve the situation.

- Leslie said the issue should be discussed and put on the agenda for next time.
- After Tom left, Lee explained that she had paid for 3 scholarships for kids who had decided last minute to attend so she paid with a personal check. Lee said that the funds had been budgeted for Alateen, and she is responsible for the funds.
- Diana asked what amount was allocated. Lee said that \$4,000 was allocated for Alateen scholarships.
- Greg mentioned that he heard Tom explain that the treasurer has the authority to disperse funds, not the DR.
- Lee said she did not ask permission to write a personal check as the funds had been allocated for this purpose (Alateen scholarships), she manages the Alateen budget, and the situation (teens deciding last-minute to attend) comes up at times.
- Lee said she'd been trying to resolve it for a month, and had John, the Alateen coordinator, in on the conversation
- Greg suggested that Yvonne, who did conflict resolution, could perhaps help

Meeting lists - Diana

- Quarterly update of district's meetings
- June update printed & available to take tonight
- Meetings on hard copy lists are now aligned with web list
- PDF on website

Father Tom from Oakland coming to Weds night parent Menlo Park group on 6/20

Menlo Park meeting created its own Google group

- 75 ppl in MP group
- They create categories;
- They PDF and scan all docs and post to Google group

June 29 quarterly speaker meeting - Varsha

- Linda L. is speaker with over 23 years in Al-Anon -- she was District 13 rep before Lee
- Budget includes taking speaker out for dinner before.
- Eloise will take Linda out and anyone can come -- let Eloise know so she can make reservations

Linda shared her Growth Through Service

Next month is Coordinators' quarterly reports

Submitted by Allison D

July 9, 2018 D13 Business Meeting Minutes

[Return to page one](#)

Members Presents; Vicky F. Marie L, Lee B, Eloise M, Varsha S, Lin F, Veronica G, Elizabeth G, Susan K, Kathy W, Leslie M, Linda F, Diana P, Peg K, Emily S

Moment of silence and the Serenity Prayer, Veronica read concept 7. Introductions.

Reviewed Allison's minutes from last month. Linda F. motioned to approve. Diane P seconded.

Old Business

Reimbursement to Lee for \$527 in Growing Together Weekend (early May) registration fees for 3 Alateens is not yet resolved. Treasurer Tom thinks DR is not following the service guidelines. Lee shared they are trying to resolve this. John S, the current Al Ateen coordinator, is out of town. Lee didn't have a receipt, which Tom requested. Lee said we need to be patient. Communication was awkward, Diana p said, 'how can we avoid this in the future'.

Lee B. DR Report:

Lee said to get your Al- Anon/Alateen Service Manual 2018-2021 and sign up and get your 12 Stepper.

Oct assembly date might be changing, having difficulty getting a venue.

Discussion of Open vs. Closed meetings and meetings with a focus:

- Alateen meetings are always *closed* to adults.
- Closed meetings are limited to members, but members can take a group conscious on whether to allow a non-member to attend. Confidentiality and anonymity are important aspects.
- For meetings with a male or female focus: Lee read from page 29-30 of service manual. Members may inform an opposite-gender member that this is a gender-focused meeting, but that member may not be excluded. We should say *Women meeting* but not *women only*. Marie motioned to change meeting descriptions from *Women Only / Men Only* to *Women's Meeting/Men's Meeting*. Approved unanimously.

New book; "Intimacy in Alcoholic Relationships", is available to order.

Treasurer Report: Tom was absent.

At Tom's request, chair Eloise asked members how we liked the new format.

- Eloise is not a fan of the new format.
- Linda F is interested in talking about it more, and so is Lee.

Group Rep Concerns:

- Elizabeth G: we want to change our script on 7th Tradition and asked what other groups read.
- Marie L discussed the 5th tradition. Marie said she fell asleep occasionally, and was asked not to. Susan didn't think that is a problem. Emily: she is more bothered by people on their cell phones-distracting!- that someone falling asleep. Elizabeth: she's fallen asleep. Diana: meetings can be a safe and a calm place for addicts, so they may fall asleep. Lin F: each group is autonomous so we can bring back the information to discuss with our group.
- Leslie: it's valuable to hear others at the business meeting discuss what troubles them.

Diana P. Meeting List Coordinators Report:

She shared the protocol for making changes/additions/deletions to printed and online meeting lists.

- Lee receives and processes an A16 form, then sends it to Diana.
- Diana updates printed list (she prints 300 copies four times/year and brings to business meeting for GRs).
- Diana shares change with Webmaster Tom L, along with a PDF of printed list.
- Tom posts the PDF to mobile and online sites.
- Tom also changes the By-City and By-Day schedules on the mobile and online sites.

Linda F. Public Outreach Coordinator Report:

- Received a letter thanking us for hosting info table at CSM Health Fair. Next CSM Health Fair is on Halloween, 10a to 2pm. Asked for volunteers, they may dress up in costumes.
- Ordered 200 Engl 2019 AFA's and restocked 5 pamphlets.

Varsha S. Quarterly Speaker Meeting Coordinator Report:

Next Quarterly Speaker meeting: August 31, same place. Damitra, from South Africa.

New Business:

Discussion: On meeting list, a few meetings say "Beginners Welcome". Does that imply that they are not welcome at the other meetings? Which is incorrect, because newcomers are welcome at any meeting. Do we keep or remove "Beginners Welcome"?

- Veronica G thought that was welcoming.
- Lin F: 'shouldn't each group be autonomous? Then the group rep could change.'

Closed Meeting with the AI Anon Declaration.

Submitted by Vicky F

August 13, 2018 District 13 Business Meeting Minutes[Return to page one](#)

Members Present: Varsha S, Vicky F, Tom N, Greg B, Linda F., Eloise M., Lee, Elizabeth G, Susan K, Marie L., Emily S., Diana P., Cybele L-B (subbing for Allison), Veronica G- Minutes

Eloise – Chair

Lee- District Rep

Diana P- Meeting list Coordinator

Leslie M-Alternate District Rep

Tom N – Treasurer

Varsha – Quarterly Speaker Meeting Coordinator

Linda F – Public Outreach Coordinator

Discussion of previous month's minute

Corrections:

- Treasurer's report-- Tom N. was absent, Eloise was presenting in his stead
- Diana P--“First she asked about constructing” --change to-- Omit “Protocol uses a new document.”
- Tom N asked that initials be used.
- Eloise- Old business-- “reimbursement to the DR-Lee, for \$527, Alateen registration fees.”
- Remove names re: discussion around ‘falling asleep’ (and in general around conversations)

Elizabeth made motion, Diana 2nd, motion carried – minutes approved as amended

MONTHLY BUSINESS

Old Business, by chair Eloise:

D13 has had an unresolved situation since May: the DR registered 3 Alateens and paid \$527 for them to attend Growing Together Weekend in May. The Treasurer states the DR did not adhere to D13's service guidelines and therefore is not entitled to reimbursement.

- Chair stated the facts, chronology of events and emails; set forth Tom's and Lee's individual concerns and positions; and read some relevant Traditions and Concepts.
- Chair invited Tom and Lee to each speak to this matter; they did.
- Chair opened up the discussion to all, inviting questions, opinions and solutions. Members shared varied views:
 - Clearly, a misunderstanding of process, and perhaps confusion about the DR and Treasurer roles.
 - Tom N was asking for receipts, which Lee provided. Was documentation sufficient?
 - Treasurer should not be an approval function, especially if this is something that has been historically done.
 - Civility in conflict is important. Accountability for action is, also.
 - We are but trusted servants-- Presume good will. Have more trust, take a less hard line about receipts and reimbursements.
 - Lee was acting as the Alateen Coordinator when she used these funds, so she was acting within her authority.

- A lot of time is being used to discuss this. By how much do the receipts not match the reimbursement request? Is it a great amount that this is off?
 - Do we trust Lee? She's done an enormous amount of service over many years.
 - Likes Tom's precision in reimbursement and clarity of process. Keep to the clarity of roles, and acknowledge that there can be discretion.
 - DR and coordinators should have discretionary spending freedom, Tom is not the approver.
- Leslie motions to reimburse Lee \$527 (for first GTW registration check of \$129 for 1 teen and 2nd GTW regis. check of \$398 for 2 teens); Linda seconds. Yes: 9 Abs: 0 Opp: 1 Motion passes.
 - Eloise proposes forming working group to review reimbursement request and receipt process plus service guidelines. No one else thinks this is needed.
 - Tom suggests that a smaller group should discuss Alateen financing and fundraising strategies.

Coordinators' Announcements

- Varsha S: Next quarterly speaker meeting, Aug 31st. Please pass out flier.
- Linda Fer: Need volunteers for info table Sun, Sept 23, Hillsdale High School track, 1 pm. Health Fair Fun run 4 kids. Vicky will help. Need a shade tent-- Leslie's church has one.

DR report – Lee

- WSO Appeal Letter-- Did all GRs receive this in the mail? Please put in donation basket-- for greater donations.
- New address for sending donations to NCWSA. Tell your group's treasurer.
- Sept is National Outreach Month-- Flier to stick up in schools, coffee shops, what can you do to help?
- WSO needs some "At Large Members" and a Webmaster
- What keeps our meeting safe-- Traditions and Concepts, read only Conf-Approved. literature
- Area Assembly--Oct 12-14 Hayes Mansion Conference Center, San Jose
- Hawaii Convention in November
- Wants to form a committee to plan for "A Day in Alanon" in the Spring 2019 -- Names submitted for committee.
- 12th annual NCWSA Alateen Sponsors R&R in Sept.

Closed with Alanon declaration

Respectfully submitted, Veronica G.

September 10, 2018 District 13 Business Meeting Minutes

[Return to page one](#)

Members Present: Eloise M., Isabel (from “Aprendiendo a Vivir”, Mountain View), Lee B, Marie L, John S, Vicky, Linda F (Public Info Coordinator), Leslie M, Varsha, Diana P, Tom N, Greg, Leslie, Sandra F, Kyle V, Lin F (GR), Emily S
 Diana P - Meeting List Coordinator
 Eloise – Chair
 Emily – District Alateen Process Person
 John S – Alateen Coordinator
 Lee - District Rep
 Leslie M - Alternate District Rep
 Linda F – Public Outreach Coordinator
 Tom N – Treasurer
 Varsha – Quarterly Speaker Meeting Coordinator

Discussion of previous month’s minutes

Changes to August meeting minutes – Discussion leading up to Leslie’s motion to reimburse District Rep \$529 for GTW registrations is too detailed. A more concise version should be loaded to the website.

Tom motions for Eloise to amend the minutes to include solely the motion listed at the end of page 3. Greg seconds. Motion passed.

Speaker

Visiting member Isabel spoke enthusiastically about her experiences at the International Convention in Baltimore. Her favorite moment was the countdown of years in the program. Of the thousands of attendees, the person with the most years in recovery was a woman who has 61 years in Al-Anon. Next International Convention: Albuquerque 2023.

Monthly Business

DR Report – Lee B: Refer to her DR Report for September 2018. She also presented the NCWSA Fall Assembly fliers (October 12th thru 14th) and proposed NCWSA 2019 budget. Lee has to present a brief report at the assembly about D13. Please submit to her any ideas you have regarding THREE things that are going well in our district (or your group(s)) and THREE things that could use improvement.

D13 will participate in the spring 2019 NCCAA (Northern California Conference of Alcoholics Anonymous) on March 8-10, 2019 in Foster City. Similar to a Day in Alanon, we will have speakers, meetings of various kinds, an Alateen panel. See notes on Lee’s report because she needs volunteers. Marie, Vicky and Linda F. volunteered. John suggested that dual members host a panel of “why I STAY in Al-Anon” and can suggest names of people who may be on the panel.

Treasurer’s Report/1st Half – 2018 Accomplishments:

- Re-located District Mail Address from PO Box (MV) to Sequoia Church (RC)
- Terminated storage unit rental and relocated archives to Sequoia Church

- Acknowledge and sent (30) Group Donation Thank-You letters
- Instituted Reimbursement Request Form for check tracking and in-kind contributions
- Maintained Prudent Reserve Fund amount of \$2953
- Prepared, submitted, and approved 2018 Annual Budget

Treasurer's Report/2nd Half – 2018 Deliverables:

- Provide monthly Financial Balance and Status Report at District meetings:
- Bi-annual donations to WSO \$286 and NCWSA \$145
- Target proposal for 2019 budget the first week of December
- Purchase hardware/accounting software under budget
- Recruit for "Alternate" Treasurer
- Propose amendment to By-Laws for Change of Mailing Address

Coordinators' Reports

Linda F, Public Info - D13 has been invited to have a table on September 23rd at an event called the Fun Run in San Mateo (K thru 8th grade) but only one person has volunteered to help. Linda is considering cancelling if no other volunteers step up. She would like one to two more people to participate. John and Lee suggested that we reach out to the Alateens to volunteer.

Diana P, Meeting List - She suggested change of format to meeting list, because the type is getting smaller as meetings are added. She raised the question on how to support Al-Anon in terms of informing and cooperating with professional service providers, police officers, etc.

John S, Alateen - We always need more sponsors for Alateen meetings; there were 14 teens at the meeting with only two sponsors. We are hoping to set up a second meeting during the week.

Varsha, Quarterly Speaker Meetings – The next quarterly meeting will be next Friday, Nov 30th at Grace Lutheran Church, 7:15pm, Palo Alto. Lee chimed in that some go to dinner prior, so if you would like to do so, reach out.

Closed with Al-Anon declaration.

Respectfully submitted, Sandra F.

October 8, 2018

District 13 Business Meeting

There are no minutes for this meeting.

November 12, 2018 District 13 Business Meeting Minutes [Return to page one](#)

Opened up with Serenity prayer. Lin F read Concept 11. Introduction of members: Varsha S, Deb B, John S, Eloise M, Lee B, Greg B, Leslie M, Emily S, Peg K, Vicky F, Marie L, Lin F.

Read Sandra F's September minutes. John moved to approve, and Peg seconded: Approved. We did not have the October minutes to approve. We will check with Veronica.

Diana P will take minutes Dec 10. Lin F will be Growth Through Service speaker.

DR Report by Lee B:

1. Does anyone know Diane Pefferle? There was a big donation in her honor, from this District. The donation was anonymous, yet in order to accept the donation we need more information.
2. NCWSA Delegate Rosanna has offered to speak in D13. Ideas: Quarterly Speaker, Wed night parents group, or Thursday Parent Group.
3. NCWSA chair Darby would like to talk about the election process. Area inventory in our own meeting.
4. Pink Can usage, separate area. (15,000.00 is in the budget now.) JohnS informed the Pink Can began as a fundraiser for Institutions service. The wrapper says it can only be used for books.
5. Growing Together Weekend, talking about having it fall under the NCWSA/NCWSC. So we need to give Lee feedback so she can take to her assembly.
6. We will have a holiday party before our business meeting Dec 10, bring something to share.
7. *12 Stepper*, NCWSA newsletter, looking for shares. can email 100 words or less to 12steppereditor@ncwsa.org

Members' Impressions of NCWSA Two-Day Fall Assembly in San Jose:

Members spoke about their personal experiences and what they brought back to their meetings. Greg was surprised to learn the word "qualifier" is not an Al Anon term. John spoke of how smoothly the assembly went and its long history. It was a very good assembly.

Varsha S, Quarterly Speaker Meeting Coordinator:

Next Quarterly Speaker Meeting on Friday, Nov 30, Kyle V, GR.

John S, Alateen Coordinator:

This weekend is NOCAC. very excited. 40th year, put on by the teens. The teens share fellowship and recovery. Held in a hotel with lots of AMIAS supervision. Then a formal banquet, dance, 150 teens getting together, network and support.

Group Rep Concerns

Peg K: Asked how to go about starting & establishing a new Al Anon meeting.

- John S: get 5 people commit to attend for a number of months. Only a few service positions needed at first: rotating secretary, treasurer. Literature can be purchased and then buyer gets reimbursed.

Eloise: Business meeting discussions re money are contentious, with widely varying opinions. Asked how other groups handle their money: how much prudent reserve do you maintain? Do you keep a big PR all year in order to send GR to assemblies? Do you keep literature monies separate in order to have a cushion?

- Deb B (Thur morn Redwood Shores library) recommended the script that their meeting uses at business meetings.
- Take a Group inventory.

Ended with the Al-Anon Declaration: Let it begin with me, when anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alatten always be there, and Let it begin with me.

Submitted by Vicky F

December 10, 2018 District 13 Business Meeting Minutes

[Return to page one](#)

Note: We had a social gathering from 7 to 7:30 PM. The business meeting started at 8 PM.

1. INTRODUCTIONS:

Eloise/Chairperson, Alice E. [new], Allison D., Daniela T., Diana P., Elizabeth G., Eloise M., Emily C., John S., Judi H., Lee B., Leslie M., Lin F., Linda F., Marie L., Susan K., Tom N., Varsha S., Vicki F.

District Positions:

Diana P. - Meeting List Coordinator
 Eloise M. – Chair
 Emily C. – District Alateen Process Person
 John S. – Alateen Coordinator
 Lee B. - District Representative
 Leslie M. - Alternate District Representative
 Linda F. – Public Outreach Coordinator
 Tom N. – Treasurer
 Varsha S. – Quarterly Speaker Meeting Coordinator

2. NOVEMBER MINUTES - Approval

- Changes to November meeting minutes:
 - Linda F was at the Nov 12th meeting; please add.
 - Lee: DR Report
 - Helpers needed for NCCAA's (Northern CA Council of AA) Spring Conference, March 8-10, Foster City.
 - Lee moved to approve the November minutes, as corrected; Leslie M. seconded it. Motion passed.

3. MONTHLY BUSINESS

- Volunteer Positions
 - Alice E.: Temp Secretary for Jan. 14th district minutes
 - Allison D.: Temp Secretary for Feb. 2019 district minutes
 - Open Service Positions: Secretary, Archives Coordinator, Diversity Coordinator, Institutions Coordinator, and Newsletter Editor. *Please bring this up at your local meeting(s).*
- **Treasurer's Report** [Tom N.]
 - Our current bank balance is \$3,748.34. With 25% of previous year's expenses (prudent reserve being \$2,087), there is a balance of \$1,661.34.
 - Pending expenses:
 - Public info outreach (\$44.35)
 - DR (\$146.09)
 - District meeting rental for quarter due in January (\$75)
 - WSO budgeted bi-annual donation (\$286)*¹
 - NCWSA budgeted bi-annual donation (\$145)*

¹ Note: Items with (*) represent donations to NCWSA and WSO, should funds be available.

- \$500 left minus NOCAC expenses \$300/Alateen
 - Approximate balance: \$919.41 w/o donations
 - Tom N. made the following proposal for the January 2019 District meeting: share budget proposal for GR consideration.
 - At the end of the year, our district's standard practice is to donate to NCWSA and WSO. A proposal was made for donating our funds: BART Outreach (e.g., Al-Anon info) and/or Paradise Al-Anon groups (due to fire devastation).
- **District Representative's Report** [Lee B.]
 - Please refer to detailed Dec 2018 DR Report.
 - Update on NCCAA's Spring Conference, March 2019:
 - District 13's event planning volunteers are Leslie M., Lee B., Daniela T., Lin F., Varsha S., Diana P., Marie L., and Vickie F. Need more volunteer sign-ups for conference planning tasks, as well as, efforts to promote early registration in order to secure minimum attendance registrations.
 - Al-Anon District 3 [Paradise area]: NCWSA asks if districts can send Al-Anon literature to fire-devastated members in District 3.
 - Group is delaying decision for sending funds to Al-Anon Paradise group until further study.
 - BART outreach – NCWSA asks District 13 (one of 8 districts in which BART has tracks) to donate \$800-\$1000 for 165 Al-Anon posters to be displayed in BART cars for at least 4 weeks. Total cost: \$8,700.
 - Linda F. presents recommendation: "\$800 to NCWSA for BART outreach". Alice E. – seconds this recommendation. (Vote – Approval 10; 0 against; 1 Abstention (Leslie M)).
- **DAPP** (*District Alateen Process Person*)'s **Report** [Emily C]

Emily informs and encourages people to become an AMIAS (Al-Anon Member in Alateen Service). Emily is asking that we go back to our local group to generate interest in becoming an AMIAS for young people [12-20 years of age]. Kids learn the Twelve Steps, recognize their parent's addiction, and how to cope through the Twelve Steps and the Principles. Available Jobs: facilitate-sponsor a weekly Alateen meeting; be a substitute sponsor; a driver; help at Conference events; and/or, chaperone at Alateen events.

 - AMIAS Qualifications: If new to District 13, have attended 3 months of Al-Anon meetings within our district, over 21 years of age, and 2 years in Al-anon.
 - If interested, contact Emily: 650.759.3715; efdchandler@gmail.com

4. **Growth Through Service Speaker** (Additional 15 minutes allocated for sharing.)

Lin F., Group Representative for Tuesday evening Redwood City Women's meeting, shared her recovery program's experience – from pain and suffering to recovery. She described what God means for her - "Life Energy Beyond Understanding".

6. **Next Meeting** – January 14, 2019. Will include coordinators' reports. (Secretary: Alice E.)

7. **Meeting Closed** at 8:45 PM with Al-Anon declaration.

Minutes submitted by Diana P.