



## Al-Anon / Alateen

### District 13 – Mid Peninsula

*Burlingame to Palo Alto  
Coastside to the Bay*

*Beginners are welcome at all meetings!*

#### Information Line

650-592-7935

[www.alanonmidpeninsula.org](http://www.alanonmidpeninsula.org)

Reuniones de Al-Anon en Española

Llámenos para más información

650-592-7935 ext #2

#### Business Meetings

2nd Monday of each month at 7:00 PM

#### Mailing Address

For Group Donations & other payments,  
please make checks payable to:

*District 13 Al-Anon Information Service*

*233 Topaz Street, Redwood City, CA 94062*

#### District Contact

*District Representative Lee B.*

[dr@alanonmidpeninsula.org](mailto:dr@alanonmidpeninsula.org)

#### Meeting List Corrections

To correct or add to the meeting list

[meetinglist@alanonmidpeninsula.org](mailto:meetinglist@alanonmidpeninsula.org)

### Northern California World Service Area

[www.ncwsa.org](http://www.ncwsa.org)

### Al-Anon World Service

[www.al-anon.org](http://www.al-anon.org)

*You don't have to drink to suffer from  
alcoholism. There is help for you in Al-Anon  
& Alateen.*

### What is Al-Anon?

The Al-Anon Family Groups are a fellowship of relatives & friends of alcoholics who share their experience, strength & hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization or institution. It does not engage in any controversy. It neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming & giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Alateen, part of the Al-Anon Family Groups, is a fellowship of young people whose lives have been affected by alcoholism in a family member or friend. Alateen is for young people aged 12 through 21 years

### **ATTENTION!**

During this time of COVID-19, many of our district's Al-Anon and Alateen groups are meeting virtually via computers, iPads, tablets, and smartphones.

*Please join us!*

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### ALATEEN MEETINGS:

**MONDAY – HALF MOON BAY.....7:30 – 8:30 PM**

Join this meeting by contacting John at  
[jjsncwsa@aol.com](mailto:jjsncwsa@aol.com), or Kara, 408-314-4764

**THURSDAY – REDWOOD CITY.....7:00 – 8:00 PM**

Join this meeting by contacting Lee, 650.646.8118,  
or Beth at 650.269.7672

### AL-ANON MEETINGS:

**Sunday**

**RWC - NEW POINT OF VIEW.....10:15-11:30 AM**

[C] JOIN THIS ZOOM MEETING BY CLICKING THIS LINK:

[HTTPS://US04WEB.ZOOM.US/J/8476667627](https://us04web.zoom.us/j/8476667627), Password: 101500

One-tap mobile: +17207072699

**Monday**

**RWC – STUDY GROUP..... 10:00 - 11:00 AM**

[O] JOIN THIS MEETING BY CONTACTING THE DISTRICT INFO LINE AT

[TELESERVICE@ALANONMIDPENINSULA.ORG](mailto:TELESERVICE@ALANONMIDPENINSULA.ORG), OR CALLING

650.592.7935

**HALF MOON BAY LADIES NIGHT OUT.....7:30-8:30 PM**

[O] JOIN THIS MEETING BY CONTACTING THE DISTRICT INFO LINE

AT [TELESERVICE@ALANONMIDPENINSULA.ORG](mailto:TELESERVICE@ALANONMIDPENINSULA.ORG), OR CALLING

650.592.7935 (*WOMEN'S MEETING*)



# DISTRICT 13 AL-ANON MEETINGS

## VIRTUAL MEETINGS 2021



CONTINUED...

### Tuesday

#### **HALF MOON BAY – TUESDAY NOON.....NOON-1:00 PM**

[O] JOIN BY CLICKING HERE:

<https://us02web.zoom.us/j/88571749275>

MEETING ID: 885 7174 9275, PASSWORD: serenity (lower case),  
OR BY PHONE: +1.669.900.9128 MEETING ID: 885 7174 9275,  
PASSWORD: 47682098

#### **RWC – MID-PENINSULA MEN.....7-8:00 PM**

[C] JOIN BY CLICKING HERE: <https://bit.ly/MidPenAlanon>

(MEN'S MEETING)

#### **SAN MATEO – TUES NIGHT YOUNG ADULTS.....7-8:00 PM**

[C] JOIN BY EMAILING [SANMATEOYAR@GMAIL.COM](mailto:SANMATEOYAR@GMAIL.COM)

#### **HALF MOON BAY – COASTSIDE AL-ANON.....7:30-8:30 PM**

[C] JOIN BY CLICKING HERE:

[HTTPS://US04WEB.ZOOM.US/J/975608181](https://us04web.zoom.us/j/975608181) PASSWORD: 047138

#### **SAN MATEO – TUESDAY DISCUSSION.....7:30-8:45 PM**

[O] JOIN THIS RINGCENTRAL MEETING BY CLICKING HERE:

[HTTPS://V.RINGCENTRAL.COM/JOIN/531348008?PW=3E88610E7D11DF8A5C3A60BDA650590A](https://v.ringcentral.com/join/531348008?pw=3E88610E7D11DF8A5C3A60BDA650590A), PASSWORD: MraBm5jLcc

MEETING ID: 531 348 008 ONE TAP TO JOIN AUDIO-ONLY FROM  
SMARTPHONE: +16504191505,,531348008# [NOTE: MUST HAVE  
GOOGLE CHROME OR MICROSOFT EDGE INSTALLED ON YOUR DEVICE.]

### Wednesday

#### **PALO ALTO – NOON AL-ANON .....NOON-1:15 PM**

[O] CONTACT LESLIE M., DISTRICT TELESERVICE COORDINATOR VIA  
EMAIL [TELESERVICE@ALANONMIDPENINSULA.ORG](mailto:TELESERVICE@ALANONMIDPENINSULA.ORG), OR CALLING  
650.592.7935 TO JOIN THIS MEETING.

#### **MENLO PARK – AL-ANON FOR PARENTS.....7-8:30 PM**

[C,S] CLICK HERE TO JOIN: [HTTPS://ZOOM.US/J/715786371](https://zoom.us/j/715786371)

PASSCODE: MPPG, MEETING ID#: 715 786 371. ONE TAP MOBILE TO  
JOIN AUDIO-ONLY FROM SMARTPHONE: +1 669 900 9128

EMAIL MARGARET Z., [ALANONMARGARET@GMAIL.COM](mailto:ALANONMARGARET@GMAIL.COM) IF YOU HAVE  
ANY QUESTIONS ABOUT THIS GROUP.

Due to Covid-19, many District 13 Al-Anon and Alateen groups are hosting virtual meetings. You can join by phone, computer, or other devices.

Welcome to our meetings!

Beginners are welcome at all meetings.

#### **PALO ALTO – ONE SMALL STEP FOR WOMANKIND 7-8:15 PM**

[C,S] CONTACT LESLIE M., DISTRICT TELESERVICE COORDINATOR, TO  
JOIN BY EMAILING [TELESERVICE@ALANONMIDPENINSULA.ORG](mailto:TELESERVICE@ALANONMIDPENINSULA.ORG), OR  
CALLING 650.592.7935. (WOMEN'S MEETING; LESBIANS WELCOME)

### Thursday

#### **RWC THURSDAY STEP STUDY.....10:15-11:15AM**

[C] CLICK HERE TO JOIN:

<https://us02web.zoom.us/j/87174372263>

ZOOM MEETING ID: 871 7437 2263 PASSCODE: Step1015 FOR MORE  
INFO, EMAIL: [RWSTHURSDAY1015@GMAIL.COM](mailto:RWSTHURSDAY1015@GMAIL.COM), OR GARY,  
650.430.2214

#### **HALF MOON BAY – THURSDAY NOON.....NOON-1:00 PM**

[O] CLICK HERE TO JOIN: [HTTPS://ZOOM.US/](https://zoom.us/). CHOOSE 'JOIN A  
MEETING' WITH MEETING ID#: 494 356 051, PASSWORD: KISS

#### **MENLO PARK - THURSDAY NOON SERENITY...NOON-1:00 PM**

[O] CONTACT LESLIE M., DISTRICT TELESERVICE COORDINATOR, TO  
JOIN BY EMAILING [TELESERVICE@ALANONMIDPENINSULA.ORG](mailto:TELESERVICE@ALANONMIDPENINSULA.ORG), OR  
CALLING 650.592.7935

#### **MP LIVE & LET LIVE WOMEN'S AFG.....5:30-6:45 PM**

[C] CLICK HERE TO JOIN THIS MEETING:

[HTTPS://US02WEB.ZOOM.US/J/227469421](https://us02web.zoom.us/j/227469421) PASSCODE: 998632

#### **SAN MATEO – AL-ANON FOR PARENTS.....7:00-8:00 PM**

[O] CONTACT LESLIE M., DISTRICT TELESERVICE COORDINATOR, TO  
JOIN BY EMAILING [TELESERVICE@ALANONMIDPENINSULA.ORG](mailto:TELESERVICE@ALANONMIDPENINSULA.ORG), OR  
CALLING 650.592.7935

### Friday

#### **BEGINNERS & BEYOND STEP STUDY.....7:15-8:15 PM**

[C] CONTACT Jerome C., 650.996.4738, [jcoonen@gmail.com](mailto:jcoonen@gmail.com)  
FOR ZOOM MEETING INFORMATION.

#### **SAN CARLOS – AL-ANON.....7:30-9:00PM**

[O] CONTACT LESLIE M., DISTRICT TELESERVICE COORDINATOR,  
BY EMAILING [TELESERVICE@ALANONMIDPENINSULA.ORG](mailto:TELESERVICE@ALANONMIDPENINSULA.ORG),  
OR CALLING 650.592.7935 TO JOIN THIS MEETING.

### Saturday

#### **PALO ALTO – A WOMAN'S PLACE.....10:30-11:45 AM**

[C] CONTACT SARAH F. 650.434.3342 TO JOIN THIS VIRTUAL  
MEETING. (WOMEN'S MEETING; LESBIANS WELCOME)

#### **PORTOLA VALLEY LADERA.....4:30-5:30 PM**

[C] JOIN THIS VIRTUAL MEETING BY CLICKING THIS LINK -  
[HTTPS://ZOOM.US/JOIN](https://zoom.us/join) AND TYPE IN: ZOOM ID: 793 173 976,  
PASSWORD: 506999

### Reuniones de Al-Anon en Español

Llámenos para más información:  
650-592-7935, extension #2

Fuerza Y Esperanza Meetings:

**MARTES [TUESDAY] – RWC.....7:00 – 8:30 PM**

**JUEVES [THURSDAY] – RWC.....7:00 – 8:30 PM**

JOIN THESE ZOOM MEETINGS BY CLICKING HERE:

<https://us02web.zoom.us/j/4330149821>

MEETING ID: 433 014 9821

ONE TAP MOBILE: +16699006833,,4330149821# US (SJ)

DIAL BY YOUR LOCATION: +1 669 900 6833 US (SAN JOSE)

FIND YOUR LOCAL PHONE NUMBER BY CLICKING THIS LINK:

<https://us02web.zoom.us/u/kdQrVzHHFh>

**C** CLOSED MEETINGS ARE FOR ANYONE WHOSE LIFE HAS BEEN  
AFFECTED BY A PROBLEM DRINKER.

**O** OPEN MEETINGS ARE FOR ANYONE AFFECTED BY A PROBLEM  
DRINKER AND ANYONE INTERESTED IN LEARNING ABOUT AL-ANON  
AND THE FAMILY DISEASE OF ALCOHOLISM.

**S** STEP, TRADITION OR LITERATURE DISCUSSION