



### District 13 Alateen Meetings

**Monday – Half Moon Bay 7:30 – 8:00 PM**  
Community United Methodist Church  
777 Miramontes Street, San Pedro Ridge Room  
WSO# 30592590

**Thursday – Redwood City 7:00 – 8:00 PM**  
Fair Oaks Center, 2600 Middlefield Road  
WSO# 502751

**Wednesday – Menlo Park 7:00 – 8:15 PM**  
Trinity Church, 330 Ravenswood Avenue, Tierney  
Room WSO# 30576007

*All Alateen meetings are CLOSED, open only to Alateen members, prospective members & the Area-certified Al-Anon members involved in Alateen Service, serving as the Alateen Group Sponsors.*



### Alternate District Information

No. Peninsula AFG	650-873-2356
No. Peninsula Spanish AFG	650-794-9654
Al-Anon San Francisco	415-626-5633
Al-Anon Santa Clara	408-379-1051
Al-Anon Marin County	415-455-4723
Al-Anon Contra Costa	925-932-6770
Al-Anon Fremont	510-276-2270
AA Referral Line	650-577-1310

### Al-Anon / Alateen Meeting Schedule

**District 13 – Mid Peninsula  
Burlingame to Palo Alto  
Coastside to the Bay**

**Information Line  
650-592-7935**

[www.alanonmidpeninsula.org](http://www.alanonmidpeninsula.org)

*Meeting dates/times/locations are subject to change.  
The most current schedule is found on our website.*

#### Business Meetings

2<sup>nd</sup> Monday of each month at 7:00 PM  
Sequoia Christian Church  
233 Topaz Street, Redwood City CA 94062  
All Al-Anon members are welcome to attend

#### Mailing Address

For Group Donations & other Payments,  
please make checks payable to:  
**District 13 Al-Anon Information Service**  
PO Box 390153 Mountain View CA 94039

#### District Contact

District Representative Linda L.  
[dr@alanonmidpeninsula.org](mailto:dr@alanonmidpeninsula.org)

#### Meeting List Corrections

To correct or add to the meeting list  
[meetinglist@alanonmidpeninsula.org](mailto:meetinglist@alanonmidpeninsula.org)

*You don't have to drink to suffer from alcoholism.  
There is help for you in Al-Anon & Alateen.*

#### What is Al-Anon?

The Al-Anon Family Groups are a fellowship of relatives & friends of alcoholics who share their experience, strength & hope in order to solve their common problems. We believe alcoholism is a family illness & that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming & giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Alateen, part of the Al-Anon Family Groups, is a fellowship of young people whose lives have been affected by alcoholism in a family member or friend. Alateen is for young people aged 12 through 21 years.

#### Reuniones de Al-Anon en español

Llámenos para más información:  
650-592-7935 ext #2

**Lunes [Monday]– San Mateo 7:30 – 8:30 PM**  
Grupo Alegría de Vivir [C] WSO# 1522  
St. Timothy's Church, 1515 Dolan Avenue

**Martes [Tuesday] – Redwood City 7:00 – 9:00 PM**  
**Jueves [Thursday] – Redwood City 7:00 – 9:00 PM**  
Fuerza y Esperanza [CNA] WSO# 37111  
Fair Oaks Center, 2600 Middlefield Avenue, Rm 3

#### Northern California World Service Area

[www.ncwsa.org](http://www.ncwsa.org)

#### Al-Anon World Service

[www.al-anon.org](http://www.al-anon.org)

**Sunday**

**REDWOOD CITY – NEW POINT OF VIEW** ..... 10:15-11:30 AM  
[C] #26456 \* Sequoia Health District, 525 Veterans Blvd.  
Redwood City (Entrance in back)

**SAN CARLOS – SUNDAY SERENITY** ..... 7:30-8:45 PM  
[C] #1644 \* Community Church, 1336 Arroyo At Elm

**Monday**

**REDWOOD CITY – STUDY GROUP** ..... 10-11 AM  
[O] #1428 \* Sequoia Christian, 233 Topaz St (Upstairs)

**SAN MATEO – LUNCH BUNCH** ..... 12:15-1:15 PM  
[O] #63733 \* Proj 90 Friendship Hall, 416 2nd Ave @ Claremont

**FOSTER CITY – AL-ANON** ..... 7:15-8:15 PM  
[C] #911 \* Central Peninsula Church, 1005 Shell Blvd

**HALF MOON BAY – LADIES NIGHT OUT** ..... 7:30-8:30 PM  
[O] #30537127 (WOMEN ONLY) \* Community United Methodist, 777  
Miramontes Street, Upstairs

**SAN CARLOS – STRENGTH & HOPE FOR ADULT CHILDREN** ..... 7:30-9 PM  
[OS] #32058 \* Community Church, 1336 Arroyo @ Elm

**Tuesday**

**HALF MOON BAY – TUESDAY NOON** ..... 12-1 PM  
[O] #30590081 \* Mariner’s Church, 100 Stone Pine Rd, 2<sup>nd</sup> floor

**REDWOOD SHORES – WE LOVE DOUBLE WINNERS** ..... 6:30-7:30 PM  
[C] #30615416 (WOMEN ONLY) \* Redwood Shores Library, 399  
Marine Pkwy, Community Room

**REDWOOD CITY – MID-PENINSULA MEN** ..... 7-8 PM  
[CN] #30605301 (MEN ONLY) \* Sequoia Christian, 233 Topaz St.  
upstairs

**REDWOOD CITY – AL-ANON** ..... 7:30-9 PM  
[O] #1431 \* Messiah Lutheran, 1835 Valota Rd At Woodside Rd

**SAN MATEO – TUESDAY DISCUSSION** ..... 7:30-8:45 PM  
[ON] #1625 \* Congregational Church, 225 Tilton (door facing N.  
Ellsworth); Parking lot behind the church on Catalpa St.

**HALF MOON BAY – COASTSIDE AL-ANON** ..... 7:30-8:30 PM  
[C] #1239 \* Community United Methodist, 777 Miramontes  
Street, Upstairs

**BURLINGAME – SURRENDER TO SERENITY** ..... 7:30-8:30 PM  
[O] #743 \* Peninsula Med Ctr, 1501 Trousdale Dr at El Camino  
Real, Palo Alto Wing Room C

**AL-ANON & ALATEEN MEETING LIST**

**OCTOBER 2017**

*For changes please contact : [meetinglist@alanonmidpeninsula.org](mailto:meetinglist@alanonmidpeninsula.org)*

**Wednesday**

**PALO ALTO – NOON AL-ANON** ..... 12-1:15 PM  
[O] #1350 \* Friends Meeting House, 957 Colorado Ave

**BURLINGAME – NOONERS AL-ANON** ..... 12:15-1:15 PM  
[CN] #1626 \* St. Paul’s Episcopal, 415 El Camino Real Higbie Hall

**MENLO PARK – AL-ANON FOR PARENTS** ..... 7-8:30 PM  
[C] #503005 \* Trinity Church, 330 Ravenswood Avenue

**PALO ALTO – ONE SMALL STEP FOR WOMANKIND** ..... 7-8:15 PM  
[CS] #63503 (WOMEN ONLY) \* Covenant Presbyterian, 670 E.  
Meadow Dr, Rm 5 (Lesbians welcome)

**SAN CARLOS – STEP & TRADITION STUDY** ..... 7:30-8:45 PM  
[CS], #1525 \* Community Church, 1336 Arroyo @ Elm

**Thursday**

**REDWOOD CITY – THURSDAY STEP STUDY** ..... 10:15-11:15 AM  
[C] #30615304 \* Redwood Shores Library, 399 Marine Pkwy

**HALF MOON BAY – THURSDAY NOON** ..... 12-1 PM  
[O] #30521028 \* Mariner’s Church, 100 Stone Pine Rd, 2<sup>nd</sup> floor

**HALF MOON BAY – COASTSIDE MEN’S** ..... 7:00 PM  
[C] #30678431 \* 225 S Cabrillo Hwy, Ste 100A, Betw Hwy 1 &  
Church

**SAN MATEO – AL-ANON FOR PARENTS** ..... 7-8 PM  
[CB] #30614437 \* Mills Health Center, 100 S. San Mateo Drive  
(Basement, Saily Conference Room, *BEGINNERS WELCOME!*)

**SAN CARLOS – REACH FOR RECOVERY** ..... 8-9 PM  
[C] #1427 \* Sequoia Health District, 525 Veterans Blvd, Redwood  
City, Enter in back

**Friday**

**REDWOOD CITY – FRIDAY MORNING AL-ANON STUDY** ..... 10-11 AM  
[C] #1426 \* Sequoia Christian, 233 Topaz St (upstairs)

**PALO ALTO – STEP STUDY** ..... 7:15-8:15 PM  
[CB] #1345 \* Grace Lutheran, 3149 Waverly St & Loma Verde  
Avenue *BEGINNERS WELCOME!*

**Friday (cont’d)**

**SAN CARLOS – AL-ANON** ..... 7:30-9 PM  
[O] #1523 \* Church of the Epiphany,, 1839 Arroyo, San Carlos

**HALF MOON BAY – WRITING & CANDLELIGHT** ..... 7:30-8:30 PM  
[O] #501034 \*225 S Cabrillo Hwy, Ste 100A, Betw Hwy 1 & Church

**Saturday**

**PALO ALTO – A WOMAN’S PLACE** ..... 10:30-11:45 AM  
[C] #45323 (WOMEN ONLY) \* Grace Lutheran, 3149 Waverly St &  
Loma Verde Ave. (Lesbians Welcome; Fragrance Free; Service  
Animals only)

**PORTOLA VALLEY – SATURDAY AFTERNOON LADERA** ..... 4:30-5:30 PM  
[C] #43334 \* Ladera Community Ctr., 3300 Alpine Rd (By 280)

**REDWOOD CITY – SATURDAY NIGHT LIGHTEN UP** ..... 7:30-9 PM  
[OBS] #27129 \* Sequoia Health District, 525 Veterans Blvd.  
Redwood City (Entrance in back) *BEGINNERS WELCOME!*

**Pacifica Meetings**

**SUNDAY - PACIFICA – KEEP IT SIMPLE** ..... 9:30-10:30 AM  
[C] #30597243 \* Sharp Park Golf Course Restaurant, Sharp Park  
Road & Hwy 1 (Banquet Room)

**MONDAY- PACIFICA- JUST FOR TODAY** ..... 6-7 PM  
[C] #503948 - Holy Cross Lutheran, 1165 Seville Dr, (Upper  
parking lot)

**WEDNESDAY - PACIFICA - LINDA MAR** ..... 7-8 PM  
[C] #32124 - Lighthouse Christian Church, 830 Rosita Rd

**FRIDAY – PACIFICA – LETTING GO** ..... 6-7 PM  
[C] #30510636 \* Pacifica Community Center, 540 Crespi Drive &  
Hwy 1

**[ Key ]**

- C** Closed meetings are for anyone whose life has been affected by a problem drinker. / *Las reuniones cerradas son para cualquier persona cuya vida ha sido afectada por un problema con la bebida.*
- O** Open meetings are for anyone affected by a problem drinker and anyone interested in learning about Al-Anon and the family disease of alcoholism. / *Las reuniones abiertas...*
- B** Beginners / Newcomers welcome / *Principiantes*
- S** Step, Tradition Or Literature Discussion
- A** Baby-Sitting Available / *Ofrecen cuidado de niños*
- N** No Wheel Chair Access / *No hay acceso de silla de ruedas*
- #** Al-Anon World Service Office meeting ID